

HOLLAND ISD

Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1 Cereal-Assorted Toast- Wheat Poptarts Frost Straw Chilled Pineapple FRUIT JUICE,ASSOR Milk Chocolate Fat Fre Milk 1% White Syrup JELLIES
Sep - 4	Sep - 5 Cereal-Assorted Toast- Wheat SCRAMBLED EGGS Apple FRUIT JUICE,ASSOR Milk Chocolate Fat Fre Milk 1% White JELLIES	Sep - 6 Cereal-Assorted Toast- Wheat Pizza Bagel-Sausage Mandarin Oranges FRUIT JUICE,ASSOR JELLIES Milk Chocolate Fat Fre Milk 1% White	Sep - 7 Cereal-Assorted Toast- Wheat Waffles Mandarin Oranges FRUIT JUICE,ASSOR Milk Chocolate Fat Fre Milk 1% White Syrup JELLIES	Sep - 8 Cereal-Assorted Toast- Wheat Poptarts Frost Straw Mandarin Oranges FRUIT JUICE,ASSOR Milk Chocolate Fat Fre Milk 1% White JELLIES
Sep - 11 Cereal-Assorted Toast- Wheat Pancakes Mini Blueber Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES	Sep - 12 Cereal-Assorted Toast- Wheat Biscuit CREAM GRAVY Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES	Sep - 13 Cereal-Assorted Toast- Wheat Pizza Bagel-Sausage Mandarin Oranges FRUIT JUICE,ASSOR JELLIES Chocolate Milk FF White Milk 1%	Sep - 14 Cereal-Assorted Toast- Wheat Cinnamon Roll Sausage Patty FC Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES	Sep - 15 Cereal-Assorted Toast- Wheat Zucchini Bread Sausage Patty FC Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES
Sep - 18 Cereal-Assorted Toast- Wheat Chicken Biscuit Biscuit Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES	Sep - 19 Cereal-Assorted Toast- Wheat SCRAMBLED EGGS Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat JELLIES	Sep - 20 Cereal-Assorted Toast- Wheat Pizza Bagel-Sausage Mandarin Oranges FRUIT JUICE,ASSOR JELLIES Chocolate Milk FF White Milk 1%	Sep - 21 Cereal-Assorted Toast- Wheat Pancake on Stick Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES	Sep - 22 Cereal-Assorted Toast- Wheat Zucchini Bread Sausage Patty FC Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES
Sep - 25 BREAKFAST BURRIT Cereal-Assorted Toast- Wheat Fresh Apple FRUIT JUICE,ASSOR Chocolate Milk FF White Milk 1% JELLIES	Sep - 26 Cereal-Assorted Toast- Wheat FRENCH TOAST STI Sausage Patty FC Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES	Sep - 27 Cereal-Assorted Toast- Wheat Pizza Bagel-Sausage Mandarin Oranges FRUIT JUICE,ASSOR JELLIES Chocolate Milk FF White Milk 1%	Sep - 28 Cereal-Assorted Toast- Wheat Biscuit Sausage Patty FC Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES	Sep - 29 Cereal-Assorted Toast- Wheat Muffins Sausage Patty FC Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.