

**Holland Independent School District**  
**School Health Advisory Council**  
**January 21, 2026**  
**Minutes**

The School Health Advisory Council met on Wednesday, January 21, 2026, at 5:00 pm at the Cindy Gunn Student Center.

**Members in Attendance:**

Scott Brothers  
Samantha Patch  
Candace Mees  
Maria Valdez  
Misty Williford  
Stephanie Gacke  
Laramie Ratto (via phone)  
Lori Kinard

**Members Absent:**

Rachel Ward

**Guests in Attendance:**

Jennisty Thomason

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The meeting was called to order at 5:05 pm by Lori Kinard, Director of Student Services.

Ms. Kinard opened the meeting with a welcome, introductions, and a review of the agenda.

Ms. Kinard reviewed the SHAC Bylaws. Stephanie Gacke moved to accept the SHAC Bylaws as written. Scott Brothers seconded. The motion passed 7-0.

Ms. Kinard informed the council that Stephanie Gacke had volunteered to have her name considered for the parent co-chair position. Ms. Kinard asked if anyone else was interested. No one else volunteered. Candace Mees motioned to elect Ms. Gacke as the parent co-chair. Misty Williford seconded the motion. It passed 7-0.

Ms. Kinard reviewed the 2024-2025 Wellness Policy and Plan. It was discussed that we would use the goals that are listed in our FFA Local Policy, and then move goals and objectives around to align with those goals. We also discussed removing Goal1/Objective 1, Goal 2/Objective 1, and Goal 4/Objective 1 from Nutrition Education, Goal 3/Objective 1 and Goal 4/Objective 2 from Pysical Activity, and Goal 1/Objective 1, Goal 2/Objective 1, Goal 4/Objective 1 from Other Activites. It was suggested that we add objectives/goals related to the Garden Club and The Scoop meetings. Stephanie Gacke motioned to approve the Wellness Policy and Plan with the changes discussed. Laramie Ratto seconded. The motion passed 7-0.

The next meeting dates were decided on: February 25, April 1, and June 3.

Ms. Kinard ended the meeting, calling for topics for the next meeting. Members will email with ideas.

Misty Williford motioned to adjourn. Stephanie Gacke seconded the motion. The motion passed 7-0. The meeting was adjourned at 5:44 pm.