

**Holland Independent School District  
School Health Advisory Council  
April 1, 2026  
Minutes**

The School Health Advisory Council met on Wednesday, April 1, 2026, at 5:00 pm in the Cindy Gunn Student Center.

Members in Attendance:

Maria Valdez  
Samantha Patch  
Misty Williford  
Lori Kinard  
Stephanie Gacke (via phone)  
Tarkwa Smith

Members Absent:

Rachel Ward  
Laramie Ratto  
Candace Mees  
Scott Brothers

Guests in Attendance:

---

The meeting was called to order at 5:03 pm by Lori Kinard, Director of Student Services.

Ms. Kinard opened the meeting with a welcome, introductions, and a review of the agenda.

The minutes from the February 25, 2026, meeting were reviewed. One correction, Tarkwa Smith was in attendance, was noted. Stephanie Gacke motioned to approve the minutes with the correction. Misty Williford seconded. The motion passed 5-0.

Ms. Kinard discussed the proposed 2026-2027 Wellness Plan and Policy. Committee members asked to add the following to the Plan:

- Nutrition Promotion - add resources (food pantries, backpack program, and WIC nutrition classes) and include Facebook as a place to post information
- Nutrition Education - add Garden Program
- Physical Activity - add Field Day

No action was taken. It will be voted on at the next meeting.

The next meeting will be on May 6, 2026.

Ms. Kinard ended the meeting, calling for topics for the next meeting. Members will email with ideas.

Misty Williford motioned to adjourn. Stephanie Gacke seconded the motion. The motion passed 5-0. The meeting was adjourned at 5:26 pm.