

**Holland Independent School District
School Health Advisory Council
May 6, 2026
Minutes**

The School Health Advisory Council met on Wednesday, May 6, 2026, at 5:00 pm in the Cindy Gunn Student Center.

Members in Attendance:

Maria Valdez
Samantha Patch
Misty Williford
Lori Kinard
Stephanie Gacke
Scott Brothers
Candace Mees

Members Absent:

Rachel Ward
Laramie Ratto
Tarikwa Smith

Guests in Attendance:

The meeting was called to order at 5:03 pm by Lori Kinard, Director of Student Services.

Ms. Kinard opened the meeting with a welcome, introductions, and a review of the agenda.

The minutes from the April 1, 2026, meeting were reviewed. Stephanie Gacke motioned to approve the minutes. Misty Williford seconded. The motion passed 6-0.

Ms. Kinard discussed the proposed 2026-2027 Wellness Plan and Policy. The CATCH curriculum will be HISD's Coordinated Health Program. All activities/events presented at the last meeting remain in the plan. New items added to the plan include:

- Nutrition Promotion - add resources (food pantries, backpack program, and WIC nutrition classes) and include Facebook as a place to post information
- Nutrition Education - add Garden Program
- Physical Activity - add Field Day

Misty Williford motioned to approve the 2026-2027 Wellness Plan and Policy. Stephanie Gacke seconded. The motion passed 6-0.

Ms. Kinard presented the Calendar of Events for SHAC for the 2026-2027 school year. It laid out what needs to be accomplished each month in order to execute the plan.

Ms. Kinard discussed SHAC membership for the 2026-2027 school year. Those in attendance are willing to serve again on the committee. Members were asked to notify Ms. Kinard of any recommendations for new members. Ms. Kinard will contact those not in attendance. Ms. Kinard will present to the School Board at their July meeting recommendations for SHAC members for the 2026-2027 school year.

Scott Brothers motioned to adjourn. Candace Mees seconded the motion. The motion passed 6-0. The meeting was adjourned at 5:18 pm.