



MAY

2021

Holland ISD



Chicken Fried Steak Sandwich
Popcorn Chicken
Tater Tots
Fruit
Milk **3.**

Chicken Alfredo
Hot dog
Green Beans
Fruit
Milk **4.**

Pizza
Buffalo Mac and Cheese
Corn
Fruit
Milk **5.**

Ranch Chicken Flatbread
Coyote Grill Quesadilla
California Blend
Fruit
Milk **6.**

Sub Sandwich
Grilled Chicken on bun
French Fries
Fruit
Milk **7.**

Spaghetti
Meatball Sub
Garden Salad
Fruit
Milk **10.**

Pulled Pork Sandwich
Chicken Nuggets
Ranch Style Beans
Fruit
Milk **11.**

Pizza
Turkey Panini
Corn
Fruit
Milk **12.**

Philly Cheese steak Sandwich
Hamburger
Potato Smiles
Fruit
Milk **13.**

Corndog
Fish Sticks
Sweet Potato Fries
Fruit
Milk **14.**

Managers Choice
17.

Managers Choice
18.

Managers Choice
19.

Managers Choice
20.

Managers Choice
21.

Managers Choice
24.

Managers Choice
25.

Managers Choice
26.

Managers Choice
27.

Managers Choice
28.

Summer Feeding Starts
June 2
Breakfast-8:30-9:30
Lunch 11:30-12:30 **31.**

Special Announcements:
Menu subject to change.



BERRY BLAST OFF

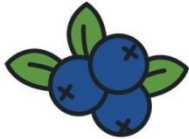


The first space shuttle test flight took place in 1981 and the last shuttle launched in 2011. Over 30 years there were a total of 135 missions that all launched from the Kennedy Space Center in Florida. Scientists and engineers in Texas provided ground support for all the space shuttle missions. NASA retired the space shuttle fleet to make way for a new exploration program aimed at sending astronauts on deep space missions to an asteroid and, eventually, Mars.

NUMBER MATCH



1



5



6



3



DID YOU KNOW?

Blueberries are plump, juicy and sweet berries that grow in Texas. They grow on a bush that can get up to 12 feet tall. Blueberries are pale greenish at first, then reddish-purple, and finally, dark purple when ripe, but they turn red-purple when cooked.

Blueberries are a very good source of vitamin K, vitamin C and manganese. Blueberries are also a good source of fiber. Fiber is a carbohydrate that promotes digestive health. Blueberries are good for making pancakes, muffins, and many other foods.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program and School Breakfast Program



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www.SquareMeals.org