



MAY

2021

Holland ISD Breakfast



Cereal/ Toast
Juice
Milk
Pancake
3.

Cereal/ Toast
Juice
Milk
Egg/cheese Biscuit
4.

Cereal/ Toast
Juice
Milk
Breakfast Pizza
5.

Cereal/ Toast
Juice
Milk
Donuts
6.

Cereal/ Toast
Juice
Milk
Muffin
7.

Cereal/ Toast
Juice
Milk
Chicken Biscuit
10.

Cereal/ Toast
Juice
Milk
Breakfast Burrito
11.

Cereal/ Toast
Juice
Milk
Breakfast Pizza
12.

Cereal/ Toast
Juice
Milk
Sausage Biscuit
13.

Cereal/ Toast
Juice
Milk
Poptart
14.

Cereal/ Toast
Juice
Milk
French Toast
17.

Cereal/ Toast
Juice
Milk
Pancake on Stick
18.

Cereal/ Toast
Juice
Milk
Breakfast Pizza
19.

Cereal/ Toast
Juice
Milk
Sausage Biscuit
20.

Cereal/ Toast
Juice
Milk
Cinnamon Roll
21.

Manager Choice
24.

Manager Choice
25.

Manager Choice
26.

Manager Choice
27.

Manager Choice
28.

Summer Feeding Starts June 2
31.

Special Announcements:
Menu Subject to change



BERRY BLAST OFF



The first space shuttle test flight took place in 1981 and the last shuttle launched in 2011. Over 30 years there were a total of 135 missions that all launched from the Kennedy Space Center in Florida. Scientists and engineers in Texas provided ground support for all the space shuttle missions. NASA retired the space shuttle fleet to make way for a new exploration program aimed at sending astronauts on deep space missions to an asteroid and, eventually, Mars.

NUMBER MATCH



1



5



6



3



DID YOU KNOW?

Blueberries are plump, juicy and sweet berries that grow in Texas. They grow on a bush that can get up to 12 feet tall. Blueberries are pale greenish at first, then reddish-purple, and finally, dark purple when ripe, but they turn red-purple when cooked.

Blueberries are a very good source of vitamin K, vitamin C and manganese. Blueberries are also a good source of fiber. Fiber is a carbohydrate that promotes digestive health. Blueberries are good for making pancakes, muffins, and many other foods.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
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