

HOLLAND ISD

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 2 Pulled Pork Sandwich Mini Corn Dogs Ranch Style Beans Applesauce White Milk 1% Graham Crackers Van	Nov - 3 Chicken Patty on Bun Steak Sandwich Doritos Baked Veggie Dippers Fresh Orange MILK,2% Lowfat	Nov - 4 Pepp Pizza CHICKEN POT PIE Garden Salad Applesauce MILK,2% Lowfat Ranch Dressing 12 gm CRACKERS, GRAHAM	Nov - 5 Cheeseburger Cuban Sandwich Potato Smiles Fresh Apple Milk Chocolate Fat Fre Milk 1% White KETCHUP Wheat Rolls	Nov - 6 Hot Dog with Bun Grilled Cheese Sandwi Baked Beans Carrot Sticks FRENCH FRIES Fresh Apple Fresh Pear Milk Chocolate Fat Fre Milk 1% White
Nov - 9 Steak Fingers Chicken Nuggets Mashed Potatoes Fresh Orange Chilled Fruit Mix Milk Chocolate Fat Fre Milk 1% White Ketchup Honey Wheat Roll Cream Gravy	Nov - 10 Beef Nachos Buffalo Chicken Flatbre Pinto Beans Fresh Apple Chilled Peaches Milk Chocolate Fat Fre Milk 1% White Salsa	Nov - 11 Pizza, Pepperoni Chili Mac Corn PEARS, It syp, canned Applesauce Chocolate Milk FF White Milk 1% Ranch Dressing 12 gm Honey Wheat Roll	Nov - 12 Rib Q on Bun Popcorn Chicken Green Beans Fresh Orange Chilled Fruit Mix Milk Chocolate Fat Fre Milk 1% White KETCHUP Mustard Salad Dressing Honey Wheat Roll	Nov - 13 Sub Sandwich Grilled Chicken On Bu French Fries Fresh Apple ORANGES Milk Chocolate Fat Fre Milk 1% White Mustard Ranch Dressing 12 gm Salad Dressing
Nov - 16 Cheeseburger Turkey Club Wrap French Fries Burger Salad Fresh Orange Fresh Apple Milk Chocolate Fat Fre Milk 1% White KETCHUP Mustard Salad Dressing	Nov - 17 Chicken Fajita Bacon Ranch Quesadil Fresh Garden Salad Fresh Apple Milk 1% White Milk Chocolate Fat Fre	Nov - 18 Pizza, Pepperoni Jammin' Turkey Panini Corn Fresh Pear Rosy Applesauce Chocolate Milk FF White Milk 1% Ranch Dressing 12 gm	Nov - 19 Roasted Turkey Cornbread Stuffing GREEN BEANS Fruit salad Honey Wheat Roll Milk Chocolate Fat Fre Milk 1% White	Nov - 20 Pub Burger Doritos- Cool Ranch R Carrot Sticks Broccoli Fresh Fresh Pear Fresh Apple Milk Chocolate Fat Fre Milk 1% White Salad Dressing Mustard Ranch Fat Free

Menu subject to change
 This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.