

HOLLAND ISD

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 1 Cereal-Assorted Toast- Wheat Chicken Biscuit Biscuit Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES	Nov - 2 Cereal-Assorted Toast- Wheat SCRAMBLED EGGS Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat JELLIES	Nov - 3 Cereal-Assorted Toast- Wheat Pizza Bagel-Sausage Apple FRUIT JUICE,ASSOR JELLIES Chocolate Milk FF White Milk 1%	Nov - 4 Cereal-Assorted Toast- Wheat Glazed Donut Sausage Links Chilled Fruit Mix FRUIT JUICE,ASSOR Milk Chocolate Fat Fre Milk 1% White Syrup JELLIES	Nov - 5 Cereal-Assorted Toast- Wheat Zucchini Bread Sausage Patty FC Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES
Nov - 8 Cereal-Assorted Toast- Wheat Poptarts Frost Straw PEARS,FRESH Fruit Juice Milk Chocolate Fat Fre Milk 1% White JELLIES	Nov - 9 Cereal-Assorted Toast- Wheat Zucchini Bread Sausage Patty FC Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES	Nov - 10 Cereal-Assorted Toast- Wheat Pizza Bagel-Sausage Mandarin Oranges FRUIT JUICE,ASSOR JELLIES Chocolate Milk FF White Milk 1%	Nov - 11 Cereal-Assorted Toast- Wheat Biscuit Sausage Patty FC Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES	Nov - 12 Cereal-Assorted Toast- Wheat Muffins Sausage Patty FC Mandarin Oranges FRUIT JUICE,ASSOR Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES
Nov - 15 Cereal-Assorted Toast- Wheat Pancakes Mini Blueber Apple Fruit Juice Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES	Nov - 16 Cereal-Assorted Toast- Wheat Chicken Sausage Bisc Fresh Apple Fruit Juice Chocolate Milk FF MILK,2% Lowfat JELLIES	Nov - 17 Cereal-Assorted Toast- Wheat Pizza Bagel-Sausage Fresh Orange Fruit Juice JELLIES Chocolate Milk FF White Milk 1%	Nov - 18 Cereal-Assorted Toast- Wheat Pancake on Stick Banana Fruit Juice Milk Chocolate Fat Fre Milk 1% White Syrup JELLIES	Nov - 19 Cereal-Assorted Toast- Wheat Poptarts Frost Straw PEARS,FRESH Fruit Juice Milk Chocolate Fat Fre Milk 1% White JELLIES
Nov - 22 Nov - 29 Cereal-Assorted Toast- Wheat Pancakes Mini Blueber Apple Fruit Juice Chocolate Milk FF MILK,2% Lowfat Syrup JELLIES	Nov - 23 Nov - 30 Cereal-Assorted Toast- Wheat Chicken Sausage Bisc Fresh Apple Fruit Juice Chocolate Milk FF MILK,2% Lowfat JELLIES	Nov - 24	Nov - 25	Nov - 26

Menu subject to change
 This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.