HOLLAND ISD

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Jan 5, 2022 Monday Tuesday Wednesday **Thursday** Friday Jan - 6 Jan - 5 Jan - 7 Cereal-Assorted Cereal-Assorted Cereal-Assorted Toast- Wheat Toast- Wheat Toast- Wheat Poptarts Frost Straw Pizza Bagel-Sausage Pancake on Stick Fresh Orange Mandarin Oranges Banana Fruit Juice Fruit Juice Fruit Juice **JELLIES** Milk Chocolate Fat Fre Milk Chocolate Fat Fre Milk 1% White Milk 1% White Chocolate Milk FF White Milk 1% Syrup **JELLIES** JÉLLIES Jan - 12 Jan - 14 Jan - 10 Jan - 11 Jan - 13 Cereal-Assorted Cereal-Assorted Cereal-Assorted Cereal-Assorted Cereal-Assorted Toast- Wheat Toast- Wheat Toast- Wheat Toast- Wheat Toast- Wheat Pancakes Mini Blueber SCRAMBLED EGGS Pizza Bagel-Sausage **Biscuit** Muffins Mandarin Oranges Sausage Patty FC Sausage Patty FC Apple Mandarin Oranges FRUIT JUICE, ASSOR FRUIT JUICE, ASSOR Mandarin Oranges Mandarin Oranges Fruit Juice FRUIT JUICE, ASSOR Chocolate Milk FF Chocolate Milk FF **JELLIES** FRUIT JUICE, ASSOR MILK,2% Lowfat MILK,2% Lowfat Chocolate Milk FF Chocolate Milk FF Chocolate Milk FF Syrup **JELLIES** White Milk 1% MILK,2% Lowfat MILK,2% Lowfat **JELLIES** Syrup Syrup JÉLLIES JÉLLIES Jan - 21 Jan - 17 Jan - 18 Jan - 19 Jan - 20 Cereal-Assorted Cereal-Assorted Cereal Variety 2017 Cereal-Assorted Toast- Wheat Toast- Wheat Toast- Wheat Toast- Wheat French Toast Mini-berr Pizza Bagel-Sausage Blueberry Pancake Zucchini Bread Sausage Patty FC Chilled Fruit Mix Apple Sausage Patty FC FRUIT JUICE, ASSOR Mandarin Oranges Fruit Juice Mandarin Oranges FRUIT JUICE, ASSOR **JELLIES** Chocolate Milk FF FRUIT JUICE, ASSOR Chocolate Milk FF Chocolate Milk FF Milk 1% White Chocolate Milk FF Milk 1% White Syrup-Sugar Free MILK.2% Lowfat White Milk 1% JÉLLIES Syrup- Sugar Free Syrup JÉLLIES JÉLLIES Jan - 25 Jan - 26 Jan - 27 Jan - 28 Jan - 24 Cereal-Assorted Cereal-Assorted Cereal-Assorted Cereal-Assorted Cereal-Assorted Toast- Wheat Toast- Wheat Toast- Wheat Toast- Wheat Toast- Wheat Cinnamon Roll / glaze Pizza Bagel-Sausage Glazed Donut Chicken Biscuit **Biscuit** Sausage Patty FC **Biscuit** Sausage Patty FC Mandarin Oranges Sausage Links FRUIT JUICE, ASSOR Mandarin Oranges Mandarin Oranges Mandarin Oranges Applesauce FRUIT JUICE, ASSOR FRUIT JUICE. ASSOR JELLIES. FRUIT JUICE, ASSOR FRUIT JUICE.ASSOR Chocolate Milk FF Chocolate Milk FF Chocolate Milk FF Milk Chocolate Fat Fre Chocolate Milk FF MILK,2% Lowfat MILK,2% Lowfat White Milk 1% Milk 1% White Milk 1% White Syrup- Sugar Free Syrup Syrup Syrup JELLIES JÉLLIES **JÉLLIES** JELLIES Jan - 31

Menu subject to change

This institution is an equal opportunity provider.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.