

HOLLAND ISD

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 1 Pulled Pork Sandwich Chicken Nuggets Pork & Beans COLE SLAW Wheat Rolls Fresh Apple Peaches Milk 1% White Milk Chocolate Fat Fre Ketchup	Nov - 2 Grilled Chicken On Bu Mini Corn Dogs Peas Sweet Potato Tots Banana Mandarin Oranges Chocolate Milk FF White Milk 1% Ketchup Mustard Salad Dressing	Nov - 3 Pizza, Pepperoni Jammin' Turkey Panini Corn Fresh Garden Salad Fresh Pear Rosy Applesauce Chocolate Milk FF White Milk 1% Ranch Fat Free	Nov - 4 BEEF SOFT TACO- EI Enchiladas,Beef 15-16 Charro Beans Fresh Garden Salad Fresh Apple Peaches Milk 1% White Milk Chocolate Fat Fre Ketchup	Nov - 5 Whole Grain Corn Dog Crispy Fish Sticks Sweet Potato Tots Green Beans Chilled Pineapple Chilled Fruit Mix Bread 100% Whole W Milk Chocolate Fat Fre Milk 1% White KETCHUP Mustard TARTAR SAUCE
Nov - 8 Turkey Breast Steak Br Turkey Sack lunch GREEN BEANS Sweet Potato Chunks Cornbread Dressing Fresh Orange Chilled Fruit Mix Milk Chocolate Fat Fre Milk 1% White KETCHUP Mustard Salad Dressing Honey Wheat Roll Celery Dippers	Nov - 9 Turkey Breast Steak Br Turkey Sack lunch GREEN BEANS Sweet Potato Chunks Cornbread Dressing Fresh Orange Chilled Fruit Mix Milk Chocolate Fat Fre Milk 1% White KETCHUP Mustard Salad Dressing Honey Wheat Roll Celery Dippers	Nov - 10 Pizza, Pepperoni Chicken Spaghetti Corn Fresh Garden Salad Fresh Pear Rosy Applesauce Chocolate Milk FF White Milk 1% Ranch Dressing 12 gm Honey Wheat Roll	Nov - 11 Sloppy Joe on a Bun Chicken Patty on Bun Herb Roasted Broccoli Sweet Potato Tots Banana Mandarin Oranges Chocolate Milk FF White Milk 1% Ketchup Mustard Salad Dressing	Nov - 12 Hot Ham and Cheese Crispy Fish Sticks Veggie Dippers Ranch Style Beans Apple Chilled Fruit Mix Milk Chocolate Fat Fre Milk 1% White Bread 100% Whole W
Nov - 15 Steak Fingers Chicken Nuggets Mashed Potatoes Fresh Garden Salad Fresh Orange Chilled Fruit Mix Milk Chocolate Fat Fre Milk 1% White Honey Wheat Roll Ranch Fat Free	Nov - 16 Grilled Chicken On Bu Mini Corn Dogs Green Beans Sweet Potato Tots Banana Mandarin Oranges Chocolate Milk FF White Milk 1% Ketchup Mustard Mayonnaise Fat Free P	Nov - 17 Pepp Pizza Pub Burger Corn Fresh Garden Salad Fresh Apple Chilled Fruit Mix Chocolate Milk FF White Milk 1% Ranch Fat Free	Nov - 18 Chicken Quesadilla Chicken Fajita Pinto Beans Fresh Garden Salad Fresh Orange Fresh Apple Milk Chocolate Fat Fre 1% Milk Picante sauce	Nov - 19 Hot Dog with Bun Grilled Cheese Sandwi Baked Beans CUCUMBER,RAW Carrot Sticks FRENCH FRIES Fresh Apple Fresh Pear Milk Chocolate Fat Fre Milk 1% White Ketchup MUSTARD
Nov - 22 Nov - 29 Cheeseburger CHICKEN POT PIE Tater Tots Green Beans Fresh Orange Chilled Fruit Mix Milk Chocolate Fat Fre Milk 1% White KETCHUP Mustard Salad Dressing Honey Wheat Roll	Nov - 23 Nov - 30 Steak Fingers Chicken Nuggets Mashed Potatoes Fresh Garden Salad Fresh Orange Chilled Fruit Mix Milk Chocolate Fat Fre Milk 1% White Honey Wheat Roll Ketchup Ranch Fat Free	Nov - 24	Nov - 25	Nov - 26

Menu subject to change
 This institution is an equal opportunity provider.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.